



P R E S S R E L E A S E

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Collins High School, Shelbyville, KY

Cross Country 10-5-22

Nike XC Town Twilight Inv. – Girls Team Breaks School Team Time Record

The Running Titans traveled to Terre Haute, IN on Oct. 1st to compete in the Nike XC Town Twilight Invitational. The cross-country meet was held "under the lights" on the Lavern Gibson Championship Course which is the site of the NCAA Division I Cross Country Championships.

In the girls' junior varsity race, junior Grace White was the harbinger of the good things to come as she cruized the slightly rolling Lavern Gibson 5K course in 23:34 for a new personal record by a huge 44 seconds.



(Photo: H. Rosenow)

Grace White got the Titans rolling at the Nike XC Town Twilight Meet on the Lavern Gibson Championship Course in Terre Haute, IN on Oct. 1st with a big PR.

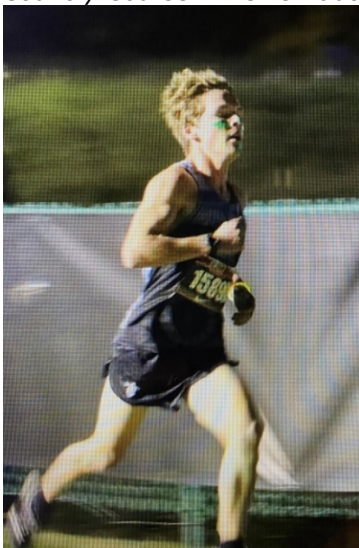
In the boys' Open Varsity race the Titans placed three runners in the top 100 to finish 11th out of 26 teams. Their team time (total time of top five scorers) of 1:30:36 (18:07 per runner), is a top-ten school time and their best since 2019. Five of the six Titans who raced got a PR and the other got a course best. The Titans were led by Sophomore Nathan Janes who finished with a 23 second PR in 17:25 (41st). He was followed closely by junior Eli Moreno who got a PR of 17:48 (62nd) and sophomore Chase Delaney who chopped 30 seconds off his previous best,



going 17:51 (66th). Eighth-grader Reece Delany who finished in 18:41 (23 second PR) and Junior Jack Fuhrmann rounded out the Titan scoring.



Collins' Chase Delaney (1585) and Eli Moreno (1590) both got PRs on the Lavern Gibson Championship Cross Country Course in Terre Haute at the Nike Twilight Meet on Oct. 1, 2022.



Nathan Janes got the fastest time of his life on the fast Lavern Gibson Course.



Lastly, it was the girls' turn. At Coach Sanderlin's urging of the Meet Director, the girls made the prestigious seeded "Race of Champions" which brought together some of the best teams in Indiana, Illinois, and Kentucky. The Titans got out quickly on the fast Lavern Gibson course with the top five averaging 6:16 for the first mile. They held pace and finished with three girls under 21 minutes. The Titans finished 24th out of 33 of some of the top teams in the country and made history. Their team time of 1:43:24 (20:41 per top five runner) shaved 17 seconds off the previous school record which was set at the Dragon Inv. on 10/15/11 by a Gabby and Caterina Karas led team. Gabby and Caterina placed first and second, respectively in that meet and at State that year.



Emma Kendall (525) finishes the Nike Twilight Race of Champions with a PR 19:11.

All the Titan's five scorers got PRs. They were led by sophomore Emma Kendall, who got a 13 second PR in 19:11. Sophomores Katelynn Gaddis (20:28 – 41 second PR) and Grace Nelson (20:41) were the next Titan scorers. They were followed by freshman Sophie Bolin who got a big 44 second PR finishing in 21:06. Junior captain Laura Vidourek (21:58 - 17 second PR) rounded out the Titan Scoring.



(Photo: H. Rosenow)

The Collins girls faced some of the stiffest competition in the Midwest as they prepare to toe the line at the Nike XC Town Twilight Meet Race of Champions (seeded race) on the Lavern Gibson Championship Course in Terre Haute, IN on Oct. 2nd. They came away with a school record for team time. (L to R) L. Vidourek, G. Nelson, K. Gaddis, M. Burgess, S. Bolin, L. Renda, and E. Kendall.

Head Coach George Sanderlin said, "I thought we would see some pretty good times tonight. The Lavern Gibson course is fast, and the athletes love the atmosphere. We've had some outstanding workouts recently, so I knew they were ready for something big. But to have nine of your 10 scorers on both the boys' and girls' teams to get PRs, that was amazing. I've coached for 14 years, and this is the fastest girls' team that I have coached. Grace White got us all off to a great start and all our athletes did an incredible job of executing tonight. This positions us well for the regional meet."



After the races, the Collins' athletes prepare to throw their old shoes in the vaunted "shoe tree" on the Lavern Gibson Championship Course.



Freshman Sophie Bolin holds the Running Titans mascot "Squeaky" who made the trip to Terre Haute.

The Running Titans travel to Oldham County on Oct. 8th to compete in the Haunted Woods Run. The first race is at 8:00 AM.

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