

# Friday Time Schedule



Event	Start Time
Girls 1 Mile Run Open	5:00:00 PM
Boys 1 Mile Run Open	5:16:00 PM
Girls 100 Meter Dash Open	5:37:00 PM
Boys 100 Meter Dash Open	5:44:00 PM
Girls 1600 Sprint Medley	5:53:00 PM
Boys 1600 Sprint Medley	6:05:00 PM
Girls Distance Medley	6:23:00 PM
Boys Distance Medley	6:38:00 PM
Girls Middle School Mile	6:51:00 PM
Boys Middle School Mile	7:07:00 PM
Girls 800 Sprint Medley	7:21:00 PM
Boys 800 Sprint Medley	7:29:00 PM
Girls 3200 Meter Run	7:37:00 PM
Boys 3200 Meter Run	9:10:00 PM
Completion	10:22:30 PM

## Open Friday Field Events

Open Long Jump Boys	6:00 PM
Open Long Jump Girls	6:00 PM
Open Triple Jump Boys	follow LJ
Open Triple Jump Girls	follow LJ
Open Pole Vault Boys	follow girls Vault
Open Pole Vault Girls	6:00 PM
Open Shot Put Girls	follow boys shot
Open Shot Put Boys	6:00 PM
Open Discus Girls	6:00 PM
Open Discus Boys	follow girls disc

# ***Saturday Running Event Time Schedule***



<b>Event</b>	<b>Start Time</b>
Girls 4x800	9:15:00 AM
Boys 4x800	9:44:00 AM
Girls 100H	10:08:00 AM
Boys 110H	10:23:00 AM
Unified 2x50	10:35:30 AM
Girls 100	10:39:30 AM
Boys 100	10:55:30 AM
Girls 4x200	11:11:30 AM
Boys 4x200	11:35:30 AM
Girls Mile	11:59:30 AM
Boys Mile	12:27:30 PM
Unified 4x100	12:57:30 PM
Girls 4x100	1:00:30 PM
Boys 4x100	1:16:30 PM
Unified 2x200	1:32:30 PM
Girls 400	1:38:30 PM
Boys 400	1:56:30 PM
Girls 300H	2:14:30 PM
Boys 300H	2:35:30 PM
Girls 800	2:50:30 PM
Boys 800	3:06:30 PM
Girls 200	3:18:30 PM
Boys 200	3:36:30 PM
Girls Steeple	3:52:30 PM
Boys Steeple	4:12:30 PM
Girls 4x400	4:28:30 PM
Boys 4x400	4:46:30 PM
Completion	5:06:30 PM

# ***Saturday Field Event Time Schedule***



## **Unified Saturday Field Events**

Unified Long Jump	9:00 AM
Unified Shot Put	8:30 AM

## **Invitational Saturday Field Events**

Long Jump Boys	8:30 AM
Long Jump Girls	8:30 AM
Pole Vault Girls	8:30 AM
High Jump Boys	8:30 AM
Shot Put Boys	8:30 AM
Discus Girls	8:30 AM
Triple Jump Boys	follow LJ
Triple Jump Girls	follow LJ
High Jump Girls	follow girls HJ
Pole Vault Boys	follow girls Vault
Shot Put Girls	follow boys shot
Discus Boys	follow girls disc

## **Projected Schedule- Open Events at Manual**

Not a fixed time schedule, rolling schedule

Girls 3200	9:15:00 AM
Boys 3200	9:30:00 AM
Girls 400	10:15:00 AM
Boys 400	10:45:00 AM
Girls 800	11:15:00 AM
Boys 800	11:30:00 AM